

Dr. Jack M. Toms Open - 3/22/2014

Lynchburg College

Results

Women 100 Meter Dash

Facility: 11.63 # 2003 Collins
 DIII Qualify: 12.11 \$
 2012 Winner: 12.09 ^

Name	School	Prelims
Heat 1 Preliminaries Wind: 1.0		
1 Ellsworth, Lauren	Shippensburg	12.42q
2 Diffenderfer, Katlyn	DeSales	12.47q
3 Washington, Aleshia	Lynchburg	12.81q
4 Okoya, Tamarra	Howard CC	13.00q
5 Aumiller, Maisie	Shippensburg	13.25q
6 Plesnar, Cierra	Shippensburg	13.45q
7 Vandeveld, Keisha	Howard CC	13.78q
8 Onwugbenu, Maureen	Howard CC	14.71

Heat 2 Preliminaries Wind: 0.7

1 Thomas, Erica	DeSales	14.01q
2 Meadows, Alana	Shenandoah	14.31
3 Scott, Seisha	Randolph	14.38

Women 100 Meter Dash

Facility: 11.63 # 2003 Collins
 DIII Qualify: 12.11 \$
 2012 Winner: 12.09 ^

Name	School	Finals
Section 1 Finals Wind: 3.1		
1 Ellsworth, Lauren	Shippensburg	12.10
2 Diffenderfer, Katlyn	DeSales	12.22
3 Washington, Aleshia	Lynchburg	12.53
4 Okoya, Tamarra	Howard CC	12.88
5 Aumiller, Maisie	Shippensburg	12.98
6 Plesnar, Cierra	Shippensburg	13.34
7 Vandeveld, Keisha	Howard CC	13.60
8 Thomas, Erica	DeSales	14.17

Women 200 Meter Dash

Facility: 24.04 # 2003 Collins
 DIII Qualify: 24.87 \$
 2012 Winner: 25.16 ^

Name	School	Finals
Section 1 Wind: 1.2		
1 Diffenderfer, Katlyn	DeSales	25.35
2 Butler, Danesha	Shippensburg	25.82
3 Wallace, Catherine	Lynchburg	26.17
4 Clemons, Monique	Shippensburg	26.42
5 Miller, Amanda	DeSales	26.64
6 Aumiller, Maisie	Shippensburg	27.16
7 Nicola, Ashley	Shippensburg	27.20
8 Beckerleg, Samantha	Shippensburg	28.30
Section 2 Wind: 0.4		
1 Williams, Nicole	Lynchburg	27.45
2 Mohlmann, Jaclyn	Shenandoah	27.84
3 cappuccino, Katie	DeSales	29.14
4 Boury, Bethany	Lynchburg	29.23
5 Vandeveld, Keisha	Howard CC	29.47
6 Thomas, Erica	DeSales	29.63

7 Onwugbenu, Maureen Howard CC 30.29

Section 3 Wind: 2.4

1 Allen, Shae	Lynchburg	27.65
2 Kramer, Haley	Bloomsburg	27.83
3 Cobb, Emily	Shenandoah	29.39
4 Sanchez, Blanca	Randolph	30.83
5 Scott, Seisha	Randolph	31.88

Women 400 Meter Dash

Facility: 53.73 # 2007 Arnold
 DIII Qualify: 56.74 \$
 2012 Winner: 57.01 ^

Name	School	Finals
Section 1		
1 Dolgoff, Ashley	Howard CC	57.82
2 Miller, Amanda	DeSales	59.21
3 Kibathi, Laura	Shippensburg	1:01.27
4 Estelus, Tracy	Lynchburg	1:02.08
5 Dauer, Beth	DeSales	1:03.17
6 Clemons, Monique	Shippensburg	1:03.19
7 Williams, Nicole	Lynchburg	1:03.86
8 cappuccino, Katie	DeSales	1:07.47
Section 2		
1 Churchman, Michelle	DeSales	1:07.08
2 Brandt, Alyssa	DeSales	1:08.06
3 Cobb, Emily	Shenandoah	1:08.27
4 Sanchez, Blanca	Randolph	1:11.12
5 Meadows, Alana	Shenandoah	1:16.17

Women 800 Meter Run**Double waterfall, 1 turn stagger****2/3 on main waterfall, 1/3 on outer waterfall**

Facility: 2:08.00 # 2002 Sagen
 DIII Qualify: 2:11.70 \$
 2012 Winner: 2:18.14 ^ 3/16/2013 Maria Borland

Name	School	Finals
Section 1		
1 Lehman, Lauren	Bloomsburg	2:21.68
2 Dauer, Beth	DeSales	2:26.54
3 Segeleon, Jessica	Bloomsburg	2:27.79
4 Estelus, Tracy	Lynchburg	2:29.22
5 Downing, Katie	DeSales	2:30.38
6 Churchman, Michelle	DeSales	2:31.13
7 Moore, Nisha	Lynchburg	2:34.36
8 Crsenko, Amber	Bloomsburg	2:40.30
9 Tice, Naomi	Lynchburg	2:43.25
Section 2		
1 Kennedy, Alexandra	Howard CC	2:41.00
2 Shrader, Shelby	Shenandoah	2:41.61
3 Kemmerer, Emma	DeSales	2:43.31
4 Gallagher, Meagan	Lynchburg	2:45.13
5 Barkus, Michelle	DeSales	2:48.97
6 Myles, Samantha	DeSales	2:54.15
7 Sandacz, Anna	Howard CC	3:01.46
8 Petty, Gabrielle	Howard CC	3:11.78

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Results

Section 2 ... (Women 800 Meter Run)

Name	School	Finals
9 Lape, Rachael	Howard CC	3:19.25
10 Repass, Rebecca	Randolph	3:40.94

Women 1500 Meter Run

Single waterfall start

Facility: 4:39.59 # 1995 Green

DIII Qualify: 4:33.68 \$

2012 Winner: 4:45.32 ^ 3/16/2013 Stephanie Borland

Name	School	Finals
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Section 1

1	Lehman, Lauren	Bloomsburg	4:47.27
2	Curry, Jessica	DeSales	5:01.36
3	Downing, Katie	DeSales	5:04.06
4	Guth, Cara	DeSales	5:05.94
5	Jantomaso, Sophia	Unattached	5:06.56
6	Earner, Dorothy	Shenandoah	5:10.74
7	Churchman, stephanie	DeSales	5:11.97
8	Eberhart, Marina	Bloomsburg	5:15.81
9	Lacourciere, Lauren	Lynchburg	5:22.58
10	Crill, Lindsey	Lynchburg	5:23.17
11	Walker, Adrian	Lynchburg	5:30.98
12	Eckert, Annsley	Unattached	5:34.44
13	Legare, Nicole	Shenandoah	5:37.45

Section 2

1	Kemmerer, Emma	DeSales	5:24.61
2	Cleary, Zoie	Bloomsburg	5:26.10
3	Kennedy, Alexandra	Howard CC	5:29.09
4	Shrader, Shelby	Shenandoah	5:31.53
5	Barkus, Michelle	DeSales	5:41.23
6	Myles, Samantha	DeSales	5:53.07
7	Sandacz, Anna	Howard CC	5:56.04
8	Coffin, Rachel	Shenandoah	6:01.55
9	costello, colleen	DeSales	6:08.20
10	Van Zile, Lindsey	Lynchburg	6:15.50
11	Rankin, Bailey	Shenandoah	6:16.75
12	Lape, Rachael	Howard CC	6:32.95
13	Petty, Gabrielle	Howard CC	6:39.12

Women 5000 Meter Run

Double waterfall, 1 turn stagger

Hip #'s 1-15 on main waterfall

Facility: 17:37.70 # 1998 Hynes

DIII Qualify: 17:11.77 \$

2012 Winner: 18:14.74 ^ 3/16/2013 Jessica Curry

Name	School	Finals
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Section 1

1	Davis, Victoria	Bloomsburg	17:43.71^
2	Dodds, Kate	Bloomsburg	18:18.62
3	Curry, Jessica	DeSales	18:29.04
4	Eastwood, Natalie	Shippensburg	18:29.06
5	Shank, Emma	Shippensburg	18:49.85
6	Marella, Allison	Shippensburg	18:57.46
7	Guth, Cara	DeSales	19:03.97
8	Schreiber, Samantha	Unattached	19:19.12

9	Hanover, Melanie	Bloomsburg	19:38.46
10	Earner, Dorothy	Shenandoah	19:38.93
11	Latch, Sarah	Shippensburg	19:40.66
12	McDonald, Keelan	Bloomsburg	19:47.16
13	Churchman, stephanie	DeSales	19:50.17
14	Deis, Mary	Lynchburg	19:56.61
15	Drake, Elisabeth	Longwood	20:15.72
16	Haden, Caroline	Howard CC	20:36.11
17	Packer, Rachel	Unattached	20:50.17
18	Hill, Danielle	Randolph	21:00.77
19	Duffield, Megan	Lynchburg	21:15.19
20	Piekarski, Gracie	Longwood	21:32.93
21	Coffin, Rachel	Shenandoah	22:12.71
22	Sacks, Hanna	Longwood	22:49.05
23	Rankin, Bailey	Shenandoah	24:14.34

Women 100 Meter Hurdles

Top 8 fastest times qualify for final

Facility: 13.54 # 2012 Johnson

DIII Qualify: 14.55 \$

2012 Winner: 14.96 ^ 3/16/2013 Mikaila White

Name	School	Prelims
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Heat 1 Preliminaries Wind: 3.0

1	Barna, Lyndsay	Shippensburg	14.92q
2	Butler, Danesha	Shippensburg	15.20q
3	Kramer, Haley	Bloomsburg	15.70q
4	Miller, Katie	Lynchburg	15.91q

Heat 2 Preliminaries Wind: 0.6

1	Berger, Janette	DeSales	15.99q
2	Rogan, Emily	DeSales	16.86q
3	Battaglia, Megan	Shenandoah	19.57q

Women 100 Meter Hurdles

Top 8 fastest times qualify for final

Facility: 13.54 # 2012 Johnson

DIII Qualify: 14.55 \$

2012 Winner: 14.96 ^ 3/16/2013 Mikaila White

Name	School	Finals
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Section 1 Finals Wind: 3.3

1	Barna, Lyndsay	Shippensburg	14.88
2	Butler, Danesha	Shippensburg	14.98
3	Berger, Janette	DeSales	15.62
4	Kramer, Haley	Bloomsburg	15.89
5	Miller, Katie	Lynchburg	16.14
6	Rogan, Emily	DeSales	16.84
7	Battaglia, Megan	Shenandoah	19.32

Women 400 Meter Hurdles

Facility: 1:02.88 # 2004 Zelinskask

DIII Qualify: 1:02.53 \$

2012 Winner: 1:02.92 ^ 3/16/2013 Janey Fugate

Name	School	Finals
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Section 1

1	Bongiovanni, Zoe	Bloomsburg	1:08.42
2	Merian, Michelle	Bloomsburg	1:08.96
3	Berger, Janette	DeSales	1:12.00

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Section 1 ... (Women 400 Meter Hurdles)

Name	School	Finals
4 Swartz, Kayla	Bloomsburg	1:12.05
5 Miller, Katie	Lynchburg	1:16.57
6 Battaglia, Megan	Shenandoah	1:20.81

Women 4x100 Meter Relay

Facility: 46.80 # 1999 North Carolina A&T

DIII Qualify: 47.65 \$

2012 Winner: 47.44 ^

Team	Relay	Finals
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Section 1

1 DeSales	A	51.34
1) Berger, Janette	2) Miller, Amanda	
3) Rogan, Emily	4) Diffenderfer, Katlyn	
2 Shenandoah	A	54.27
1) Mohlmann, Jaclyn	2) Meadows, Alana	
3) Cobb, Emily	4) Feliciano, Alicia	
--- Lynchburg	A	DQ
1) Miller, Katie	2) Washington, Aleshia	
3) Williams, Nicole	4) Wallace, Catherine	

Women 4x400 Meter Relay

Facility: 3:51.09 # 1999 Norfolk State

DIII Qualify: 3:51.29 \$

2012 Winner: 4:00.16 ^

Team	Relay	Finals
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Section 1

1 Bloomsburg	A	4:18.63
1) Bongiovanni, Zoe	2) Merian, Michelle	
3) Segeleon, Jessica	4) Swartz, Kayla	
2 DeSales	A	4:32.42
1) Brandt, Alyssa	2) Thomas, Erica	
3) cappuccino, Katie	4) Churchman, Michelle	
3 Bloomsburg	B	4:32.56
1) Crsenko, Amber	2) Eberhart, Marina	
3) Edwards, Erika	4) Cleary, Zoie	
4 DeSales	B	4:34.31
1) Dauer, Beth	2) Downing, Katie	
3) Myles, Samantha	4) Kemmerer, Emma	

Women High Jump

Progression: 131 136 141 146 151 156 161...+5cm

Women will be on blue pit

Facility: 1.74m # 1999 Osinga

DIII Qualify: 1.68m \$

2012 Winner: 1.66m ^ 3/16/2013 Rachel Eshleman

Name	School	Finals
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Flight 1

1 Rogan, Emily	DeSales	1.36m
--- Boury, Bethany	Lynchburg	NH
--- Kramer, Haley	Bloomsburg	NH

Women Pole Vault

Progression: 238 253 268 283 298 313 328 343...+15cm

Facility: 3.96m # 2002 Wildrick

DIII Qualify: 3.68m \$

2012 Winner: 3.28m ^ 3/16/2013 Emma Sullivan

Name	School	Finals
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Flight 1

1 Davis, Kelsey	Bloomsburg	3.65m^
2 Bresz, Kellie	Shippensburg	3.45m^
2 Ressler, Ellie	Shippensburg	3.45m^
4 Gill, Jess	Shippensburg	3.05m
4 Soltys, Victoria	Bloomsburg	3.05m
6 Wicker, Emily	Shippensburg	2.55m
--- Lively, Megan	Lynchburg	NH

Women Long Jump

Top 8 advance to finals

Using pit near finish line

Facility: 5.94m # 2010 Osborn

DIII Qualify: 5.69m \$

2012 Winner: 5.50m ^ 3/16/2013 Katie Catania

Name	School	Finals
------	--------	--------

Flight 1

1 Hunt, Sarah	Shippensburg	5.46m 0.2
2 Barna, Lyndsay	Shippensburg	5.36m 0.3
3 Washington, Aleshia	Lynchburg	5.20m +0.0
4 Nicola, Ashley	Shippensburg	5.09m +0.0
5 Schrum, Damaris	Shippensburg	4.97m +0.0
6 Beckerleg, Samantha	Shippensburg	4.96m +0.0
7 Rogan, Emily	DeSales	4.89m -0.3
8 Clarke, Shanice	Lynchburg	4.66m 0.2
9 Kramer, Haley	Bloomsburg	4.65m +0.0

Women Triple Jump

Top 8 advance to finals

Using pit near 1500m start

Facility: 11.83m # 1998 Mitchell

DIII Qualify: 11.75m \$

2012 Winner: 11.27m ^

Name	School	Finals
------	--------	--------

Flight 1

1 Hunt, Sarah	Shippensburg	10.82m +0.0
2 Weisemann, Erin	Randolph	9.39m -0.9
3 Schrum, Damaris	Shippensburg	9.24m -2.7

Women Shot Put

Top 8 advance to finals

Women use near circle

Facility: 16.46m # 1997 Bungee

DIII Qualify: 13.19m \$

2012 Winner: 12.95m ^ 3/16/2013 April Doyle

Name	School	Finals
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Flight 1

1 mccollian, morgan	DeSales	10.65m
2 Defrancesco, Alex	Lynchburg	9.66m

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Results

Flight 1 ... (Women Shot Put)

Name	School	Finals
3 McGrady, Danyelle	Shenandoah	9.35m
4 Bias, Sarah	Lynchburg	9.27m
5 Jackson, Janea	Randolph	9.08m
6 umbenhauer, nicole	DeSales	8.85m
7 Banks, Alisha	Randolph	7.53m

Flight 2

1 Ross, Elizabeth	Shippensburg	12.41m
2 Alfaro, Kim	Lynchburg	11.77m
3 Hallick, Meghan	Bloomsburg	11.64m
4 Davis, Emily	Lynchburg	10.49m
5 Nelson, Samantha	Shippensburg	9.95m
6 Thomas, Ashley	Lynchburg	9.93m
--- Harkins, Tayler	Bloomsburg	FOUL
--- Hughes, Kelsey	Lynchburg	FOUL

Women Discus Throw

Top 8 advance to finals

Facility: 44.64m # 2011 Stewart
 DIII Qualify: 43.52m \$
 2012 Winner: 35.74m ^ 3/16/2013 Kori Penick

Name	School	Finals
Flight 1		
1 wittbrodt, oksana	DeSales	31.95m
2 umbenhauer, nicole	DeSales	30.65m
3 mccollian, morgan	DeSales	28.86m
4 Jackson, Janea	Randolph	28.28m
5 Bias, Sarah	Lynchburg	26.81m
6 McGrady, Danyelle	Shenandoah	25.23m
7 Defrancesco, Alex	Lynchburg	17.12m

Flight 2

1 Davis, Brianna	Shippensburg	44.44m\$
2 Harkins, Tayler	Bloomsburg	37.54m^
3 Hill-Perry, Nechole	Bloomsburg	35.91m^
4 Davis, Emily	Lynchburg	32.61m
5 Hughes, Kelsey	Lynchburg	32.00m
6 Ross, Elizabeth	Shippensburg	31.76m
7 Nelson, Samantha	Shippensburg	31.14m
8 Thomas, Ashley	Lynchburg	28.09m
9 Gulick, Britney	Lynchburg	27.04m
10 Hallick, Meghan	Bloomsburg	26.89m
11 Alfaro, Kim	Lynchburg	25.68m
12 Feliciano, Alicia	Shenandoah	20.39m

Women Hammer Throw

Top 8 advance to finals

Facility: 54.85m # 2011 Bendick
 DIII Qualify: 50.58m \$
 2012 Winner: 49.39m ^ 3/16/2013 Rosealine Farrell

Name	School	Finals
Flight 1		
1 Consiglio, Ann Marie	DeSales	34.97m
2 Hughes, Kelsey	Lynchburg	32.26m
3 Ross, Elizabeth	Shippensburg	28.48m
4 Bias, Sarah	Lynchburg	28.18m

5 Price, Erica	DeSales	22.84m
6 Feliciano, Alicia	Shenandoah	20.29m
7 Meadows, Alana	Shenandoah	13.60m
--- McGrady, Danyelle	Shenandoah	FOUL

Flight 2

1 Neely, Carena	Shippensburg	46.39m
2 Alfaro, Kim	Lynchburg	43.60m
3 Nelson, Samantha	Shippensburg	43.45m
4 Davis, Emily	Lynchburg	42.70m
5 Davis, Brianna	Shippensburg	42.09m
6 Gulick, Britney	Lynchburg	41.61m
7 Thomas, Ashley	Lynchburg	41.38m
8 Harkins, Tayler	Bloomsburg	40.46m
9 Hallick, Meghan	Bloomsburg	37.96m
10 Warner, Megan	DeSales	34.83m
11 Defrancesco, Alex	Lynchburg	33.03m

Women Javelin Throw

Top 8 advance to finals

Facility: 55.05m # 1996 Foster
 DIII Qualify: 41.39m \$
 2012 Winner: 36.19m ^ 3/16/2013 Nicole Brumbley

Name	School	Finals
Flight 1		
1 Hill-Perry, Nechole	Bloomsburg	34.61m
2 hoats, emily	DeSales	28.42m
3 Lively, Megan	Lynchburg	23.81m
4 Boury, Bethany	Lynchburg	19.03m
5 Feliciano, Alicia	Shenandoah	14.82m

Flight 2

1 Merk, Lauren	Shippensburg	37.72m^
2 Thomas, Marla	Shippensburg	35.97m
3 Heal, Leah	LC Alumni	35.84m
4 Bolick, Heather	Shippensburg	35.23m
5 Mohlmann, Jaclyn	Shenandoah	30.51m
6 Price, Erica	DeSales	29.27m
7 Friesma, Paige	Bloomsburg	28.21m
8 Edwards, Emily	DeSales	24.63m
9 McGrady, Danyelle	Shenandoah	19.44m

Men 100 Meter Dash

Facility: 10.43 # 2007 Dunkley
 DIII Qualify: 10.66 \$
 2012 Winner: 10.87 ^ 3/16/2013 Aaron Jeong

Name	School	Prelims
Heat 1 Preliminaries Wind: 2.3		
1 Eastwood, Everton	Shenandoah	10.98q
2 Parkinson, Cole	Bloomsburg	11.08q
3 Crandell, Brian	Howard CC	11.20q
4 Brown, Dionte	Bloomsburg	11.40
5 Howell, Henry	Shenandoah	11.65

Heat 2 Preliminaries Wind: 1.6

1 Keri, Carl	DeSales	11.22q
2 Sassafrass, Jaleel	Howard CC	11.26q
3 Lewis, Bobby	Shenandoah	11.35q

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Heat 2 Preliminaries Wind: 1.6 ... (Men 100 Meter Dash)

Name	School	Prelims
4 Ingalls, Braheem	DeSales	11.38q
5 Lee, Robert	Bloomsburg	11.39
6 Fisher, Devon	Shippensburg	11.83

Heat 3 Preliminaries Wind: 3.7

1 Wood, Kevin	Howard CC	11.15q
2 Washington, Travis	Howard CC	11.49
3 Tucker, James	Shippensburg	11.50
4 Merritt, Matthew	Shippensburg	11.87
5 Banks, Anthony	Shenandoah	11.92

Heat 4 Preliminaries Wind: 2.3

1 Stevens, Linwood	Lynchburg	11.52
2 Whitlow, Curtis	Lynchburg	11.55
3 Smith, Harrison	Lynchburg	11.75
4 Hammond, Brian	Howard CC	12.31

Men 100 Meter Dash

Facility: 10.43 # 2007 Dunkley
 DIII Qualify: 10.66 \$
 2012 Winner: 10.87 ^ 3/16/2013 Aaron Jeong

Name	School	Finals
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Section 1 Finals Wind: -0.2

1 Eastwood, Everton	Shenandoah	11.10
2 Wood, Kevin	Howard CC	11.22
3 Parkinson, Cole	Bloomsburg	11.31
4 Crandell, Brian	Howard CC	11.32
5 Keri, Carl	DeSales	11.35
6 Ingalls, Braheem	DeSales	11.36
7 Lewis, Bobby	Shenandoah	11.49
8 Sassafrass, Jaleel	Howard CC	11.50

Men 200 Meter Dash

Facility: 20.99 # 2008 Harper
 DIII Qualify: 21.54 \$
 2012 Winner: 21.87 ^

Name	School	Finals
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Section 1 Wind: 1.0

1 Miles, Jonte	Howard CC	22.13
2 Miles, Ian	Howard CC	22.60
3 Kezar, Zachary	Lynchburg	22.68
4 Washington, Travis	Howard CC	23.33

Section 2 Wind: 2.7

1 Ingalls, Braheem	DeSales	23.28
2 Tucker, James	Shippensburg	23.45
3 Sassafrass, Jaleel	Howard CC	23.66
4 Fisher, Devon	Shippensburg	24.24

Section 3 Wind: 2.5

1 Eastwood, Everton	Shenandoah	22.49
2 Brown, Dione	Bloomsburg	22.85
3 Wood, Kevin	Howard CC	23.17
4 Usher, Timmy	Shippensburg	23.33
5 Hertzog, Eric	Shippensburg	23.43
6 Basil, Charles	Shenandoah	24.14

Section 4 Wind: 1.1

1 Keri, Carl	DeSales	23.24
2 Johnson, David	Shenandoah	23.32
3 Stevens, Linwood	Lynchburg	23.40
4 Lewis, Kirk	Shenandoah	23.46
5 Lewis, Bobby	Shenandoah	23.88
6 Crachi, Nico	DeSales	24.09
7 Howell, Henry	Shenandoah	24.89

Section 5 Wind: 1.9

1 Tulio, Zach	Bloomsburg	23.89
2 Orecchio, Zachary	DeSales	24.07
3 Shubrooks, Donald	Shenandoah	24.26
4 Prempeh, Enock	Shenandoah	24.62
5 Thomas, Zach	Bloomsburg	24.66

Section 6 Wind: 2.8

1 Orzol, Lee	DeSales	23.41
2 Clement, Forrest	Lynchburg	24.48
3 Masulla, Mike	DeSales	25.05
4 Gomez, Eddie	Randolph	25.42
5 Ashton, Ed	DeSales	25.45
6 Schrank, Jake	Randolph	27.10

Men 400 Meter Dash

Facility: 46.44 # 2007 Byrd
 DIII Qualify: 48.17 \$
 2012 Winner: 48.11 ^

Name	School	Finals
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Section 1

1 Kujawski, Andrew	Shippensburg	48.52
2 Miles, Jonte	Howard CC	49.07
3 Boysaw, Tristan	Lynchburg	50.37
4 Usher, Timmy	Shippensburg	51.29
5 Hunt, Kyle	Unat-Howard	51.66
6 Lewis, Kirk	Shenandoah	52.92
7 Basil, Charles	Shenandoah	53.93

Section 2

1 Franklin, Damien	Randolph	53.35
2 Crachi, Nico	DeSales	53.47
3 Orecchio, Zachary	DeSales	53.72
4 Johnson, David	Shenandoah	54.44
5 Tulio, Zach	Bloomsburg	54.93
6 Reed, Russell	Longwood	55.84
7 Thomas, Zach	Bloomsburg	56.09

Section 3

1 Shubrooks, Donald	Shenandoah	54.69
2 Ashton, Ed	DeSales	56.42
3 Gery, Jonathan	Shenandoah	56.64
4 Gomez, Eddie	Randolph	56.74
5 Prempeh, Enock	Shenandoah	57.53
6 Masulla, Mike	DeSales	58.41
7 Schrank, Jake	Randolph	1:01.20

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Results

Men 800 Meter Run**Double waterfall, 1 turn stagger****2/3 on main waterfall, 1/3 on outer waterfall**

Facility: 1:52.64 # 2002 Zobenica

DIII Qualify: 1:51.92 \$

2012 Winner: 1:55.27 ^

Name	School	Finals
Section 1		
1 Warfield, Alex	Howard CC	2:01.06
2 Eyer, Zach	Bloomsburg	2:03.00
3 Bayeux, John	DeSales	2:03.51
4 Noll, Nate	DeSales	2:06.46
5 Edwards, Will	DeSales	2:08.21
6 Gussiaas, Matthew	Shenandoah	2:08.46
7 Lee, Terry	Lynchburg	2:09.61
8 Pennington, Shea	Longwood	2:16.53

Section 2

1 Drastura, Kevin	DeSales	2:05.90
2 Foley, Connor	DeSales	2:09.22
3 Talmage, Harry	Lynchburg	2:09.72
4 Wilson, James	Bloomsburg	2:09.93
5 Cummings, Matt	DeSales	2:13.77
6 Monaghan, Stephen	DeSales	2:16.93
7 White, Denzel	Shenandoah	2:20.65
8 Saienni, Kieran	Randolph	2:20.96
9 Khan, Gulraize	Howard CC	2:24.70

Men 1500 Meter Run**Single waterfall start**

Facility: 3:41.58 # 2007 Jabut

DIII Qualify: 3:51.71 \$

2012 Winner: 3:58.15 ^ 3/16/2013 Eli Weeks

Name	School	Finals
Section 1		
1 Noll, Nate	DeSales	4:10.97
2 Warfield, Alex	Howard CC	4:12.70
3 Bayeux, John	DeSales	4:13.28
4 Phillips, Kyle	Bloomsburg	4:14.47
5 Pratt, Micah	Unattached	4:15.36
6 Drastura, Kevin	DeSales	4:16.67
7 Cutright, Daniel	LC Alumni	4:19.79
8 Reed, Nick	Longwood	4:19.87
9 Osborne, Andrew	Lynchburg	4:26.56
10 Purrington, Ryan	Randolph	4:30.77
11 Klosinski, Kyle	Bloomsburg	4:34.12
12 Smith, Drew	Lynchburg	4:36.73
13 Pennington, Shea	Longwood	4:44.26

Section 2

1 Dusza, Dave	DeSales	4:13.39
2 Monaghan, Stephen	DeSales	4:21.14
3 Collins, Patrick	DeSales	4:21.98
4 Edwards, Will	DeSales	4:23.69
5 Cummings, Matt	DeSales	4:25.10
6 Gussiaas, Matthew	Shenandoah	4:25.16
7 Foley, Connor	DeSales	4:28.30

8 Giardina, Dom	Lynchburg	4:35.66
9 Rennals, Scott	DeSales	4:38.49
10 Dusza, Sean	DeSales	4:39.02
11 Mitchell, Mike	DeSales	4:41.07
12 Jantomaso, Noah	Unattached	4:41.76

Men 5000 Meter Run**Double waterfall, 1 turn stagger****Hip #'s: 1-18 on main waterfall**

Facility: 14:39.33 # 2001 Cox

DIII Qualify: 14:30.97 \$

2012 Winner: 15:26.03 ^

Name	School	Finals
Section 1		
1 Nyang, Simon	Unattached	15:51.76
2 Fisher, Trey	Unattached	15:58.04
3 Croft, Matt	Shippensburg	15:58.29
4 Smolyak, Gary	Howard CC	16:00.96
5 Reed, Russell	Longwood	16:01.26
6 Willis, Robert	Longwood	16:05.07
7 Osborne, Andrew	Lynchburg	16:07.59
8 Reed, Nick	Longwood	16:11.90
9 Dugan, Danny	Bloomsburg	16:50.01
10 Leder, John	Longwood	17:02.57
11 Plachko, Jake	Bloomsburg	17:21.42
12 DiLucido, Anthony	Bloomsburg	17:24.81
13 Thomasey, Doug	LC Alumni	17:48.43
14 Gilliom, Zach	Bloomsburg	17:49.82
15 Canoy, Ryan	Longwood	18:11.70
16 Collins, Patrick	DeSales	18:40.38

Men 10000 Meter Run**Single waterfall start**

Facility: 31:13.10 # 1994 Hilton

DIII Qualify: 30:22.82 \$

2012 Winner: 31:18.23 ^ 3/16/2013 Jobadiah Christiansen

Name	School	Finals
Section 1		
1 Megee, Bryan	DeSales	32:35.71
2 Kaminski, Zach	DeSales	32:41.82
3 Kilheeny, Bradley	DeSales	34:35.39
4 Beck, Dan	DeSales	35:00.90
5 Ward, Brooks	Howard CC	35:56.51
6 Lombardi, Kyle	Shenandoah	37:08.80
--- Brand, Alec	Shippensburg	DNF

Men 110 Meter Hurdles**Top 8 fastest times qualify for final**

Facility: 14.05 # 1996 Jones

DIII Qualify: 14.69 \$

2012 Winner: 14.42 ^

Name	School	Prelims
Heat 1 Preliminaries Wind: 1.5		
1 Miles, Ian	Howard CC	15.13q
2 Brooks, Stephen	Bloomsburg	15.89q
3 Fisher, Charles	Howard CC	15.92q

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Lynchburg College

Results

Heat 1 Preliminaries	Wind: 1.5 ...	(Men 110 Meter Hurdles)
Name	School	Prelims
4 Clement, Forrest	Lynchburg	16.05q
5 Ishman, Matt	Bloomsburg	16.16q
6 Merritt, Matthew	Shippensburg	16.17q
7 Hertzog, Eric	Shippensburg	16.67

Heat 2 Preliminaries		Wind: 1.9	
1	Quinn, Anthony	Randolph	15.78q
2	Sikanowicz, Zach	DeSales	16.05q
3	Orzol, Lee	DeSales	16.34
4	Gamarra, Mike	DeSales	17.50

Men 110 Meter Hurdles

Top 8 fastest times qualify for final

Facility: 14.05 # 1996 Jones
 DIII Qualify: 14.69 \$
 2012 Winner: 14.42 ^

Name	School	Finals
Section 1 Finals Wind: 0.7		
1 Miles, Ian	Howard CC	14.98
2 Quinn, Anthony	Randolph	15.63
3 Fisher, Charles	Howard CC	15.78
4 Clement, Forrest	Lynchburg	15.89
5 Sikanowicz, Zach	DeSales	16.13
6 Merritt, Matthew	Shippensburg	16.21
7 Brooks, Stephen	Bloomsburg	16.27

Men 400 Meter Hurdles

Facility: 51.21 # 2003 King
 DIII Qualify: 53.39 \$
 2012 Winner: 53.42 ^ 3/16/2013 Kori Meshaw

Name	School	Finals
Section 1		
1 Davis, Rachad	Lynchburg	53.39\$
2 Jones, Jordan	Shippensburg	54.40
3 Fuentes, Brian	Lynchburg	56.75
4 Raguz, Dominic	Shippensburg	58.46
5 Devore, Corey	Lynchburg	1:00.04
6 Brooks, Stephen	Bloomsburg	1:06.28

Section 2

1 Gamarra, Mike	DeSales	1:02.02
2 Sikanowicz, Zach	DeSales	1:04.23

Men 3000 Meter Steeplechase

Single waterfall start

Facility: 9:18.68 # 2000 Moyer
 DIII Qualify: 9:07.30 \$
 2012 Winner: 9:30.18 ^ 3/16/2013 Dylan Lafond

Name	School	Finals
Section 1		
1 Gelston, Peter	Shippensburg	9:18.45#
2 Despreaux, Zachary	Shippensburg	9:59.96
3 Smith, Drew	Lynchburg	10:37.61
4 Stolzenbach, Jacob	Howard CC	11:07.54
5 Stern, Ben	Lynchburg	11:20.29
6 Leierzapf, John	Howard CC	11:20.32

7 Khan, Gulraize	Howard CC	11:29.07
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Men 4x100 Meter Relay

Facility: 41.08 # 2007 Christopher Newport
 DIII Qualify: 41.74 \$
 2012 Winner: 41.43 ^

Team	Relay	Finals
Section 1		
1 Shenandoah	A	43.68
1) Howell, Henry	2) Eastwood, Everton	
3) Johnson, David	4) Lewis, Bobby	
2 Howard CC	A	43.85
1) Crandell, Brian	2) Fisher, Charles	
3) Miles, Ian	4) Mitchell, Emmanuel	
3 Lynchburg	A	44.11
1) Whitlow, Curtis	2) Kezar, Zachary	
3) Boysaw, Tristan	4) O'Dea, Brian	
--- DeSales	A	DNF
1) Keri, Carl	2) Motsney, Ethan	
3) Sikanowicz, Zach	4) Ingalls, Braheem	

Men 4x400 Meter Relay

Facility: 3:13.50 # 2001 Lynchburg College
 DIII Qualify: 3:14.88 \$
 2012 Winner: 3:19.05 ^

Team	Relay	Finals
Section 1		
1 Lynchburg	A	3:34.48
1) Fuentes, Brian	2) Devore, Corey	
3) O'Dea, Brian	4) Smith, Harrison	
2 DeSales	A	3:34.73
1) Crachi, Nico	2) Motsney, Ethan	
3) Ingalls, Braheem	4) Sikanowicz, Zach	
3 Bloomsburg	A	3:35.51
1) Brooks, Stephen	2) Eyer, Zach	
3) Lee, Robert	4) Klosinski, Kyle	
4 Bloomsburg	B	3:50.11
1) Brown, Dione	2) Thomas, Zach	
3) Tulio, Zach	4) Wilson, James	
5 DeSales	B	3:53.37
1) Dusza, Dave	2) Rennals, Scott	
3) Bayeux, John	4) Noll, Nate	
6 DeSales	C	3:57.63
1) Edwards, Will	2) Drastura, Kevin	
3) Foley, Connor	4) Collins, Patrick	

Men High Jump

Progression: 166 171 176 181 186 191 196 201 206...+5cm

Straight through at each height, no five alive

Men will be on red pit

Facility: 2.19m # 1997 Lewis
 DIII Qualify: 2.05m \$
 2012 Winner: 2.16m ^ 3/16/2013 Darius Bell

Name	School	Finals
Flight 1		
1 Schwab, Griffin	Bloomsburg	1.93m

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Lynchburg College

Results

Flight 1 ... (Men High Jump)

Name	School	Finals
2 Paul, Earvin	Bloomsburg	1.88m
3 Franklin, Damien	Randolph	1.83m
4 Banks, Anthony	Shenandoah	1.78m
4 Devore, Corey	Lynchburg	1.78m
6 Eastwood, Everton	Shenandoah	1.73m
--- Merritt, Matthew	Shippensburg	NH

Men Pole Vault

Progression: 331 346 361 376 391 406 421 436 451...+15cm

Facility:	5.11m # 2011	Hunter
DIII Qualify:	4.91m \$	
2012 Winner:	4.57m ^	
Name	School	Finals

Flight 1

1 Garrett, David	Unattached	4.35m
2 Orzol, Lee	DeSales	4.25m
3 Shannon, Daniel	Lynchburg	4.05m
4 O'Dea, Brian	Lynchburg	3.95m
4 Mathias, Adam	DeSales	3.95m
--- Mannello, Dominic	Bloomsburg	NH
--- Phillippi, Adam	Shippensburg	NH
--- Bonge, James	DeSales	NH
--- McHugh, Connor	Shippensburg	NH

Men Long Jump

Top 8 advance to finals

Using pit near finish line

Facility:	7.38m # 2007	Wallace
DIII Qualify:	7.20m \$	
2012 Winner:	6.86m ^ 3/16/2013	Darius Bell
Name	School	Finals

Flight 1

1 Franklin, Damien	Randolph	6.04m	1.1
2 Davis, Rachad	Lynchburg	5.84m	1.6
3 Overholt, Cooper	Randolph	4.73m	1.9

Flight 2

1 Dickinson, Kyle	Shippensburg	6.96m	0.3
2 Terry, Matthew	Shippensburg	6.70m	0.1
3 Kezar, Zachary	Lynchburg	6.49m	-0.5
4 Parkinson, Cole	Bloomsburg	6.34m	+0.0
5 Lee, Robert	Bloomsburg	6.16m	+0.0
6 Shubrooks, Donald	Shenandoah	6.14m	+0.0

Men Triple Jump

Top 8 advance to finals

Using pit near 1500m start

Facility:	15.28m # 2010	Powell
DIII Qualify:	14.60m \$	
2012 Winner:	14.11m ^ 3/16/2013	DeQwan Reeves
Name	School	Finals

Flight 1

1 Terry, Matthew	Shippensburg	13.82m	0.5
2 Boysaw, Tristan	Lynchburg	13.11m	-1.3
3 Stevens, Linwood	Lynchburg	12.59m	-0.9

4 Overholt, Cooper	Randolph	10.54m	+0.0
--- Dickinson, Kyle	Shippensburg	FOUL	
--- Lee, Robert	Bloomsburg	FOUL	
--- Jones, Javonta	Randolph	FOUL	

Men Shot Put

Top 8 advance to finals

Men use far circle

Facility:	16.98m # 2007	Hart
DIII Qualify:	16.33m \$	
2012 Winner:	14.93m ^ 3/16/2013	John Lowery

Name	School	Finals
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Flight 1

1 Vandebake, Garrett	Shippensburg	13.49m
2 Mitchell, Emmanuel	Howard CC	13.25m
3 Bailey, Hunter	Lynchburg	13.00m
4 Waddy, Lesley	Lynchburg	12.93m
5 Bass, Walter	LC Alumni	12.20m
6 McCauley, Joshua	Shenandoah	11.17m
7 Arnold, Boone	Longwood	10.10m
8 Jones, Steven	Shenandoah	8.91m
9 Bonge, James	DeSales	7.54m
--- Lawler, Rob	DeSales	FOUL

Flight 2

1 Smith, Grant	Shippensburg	17.16m#
2 Fulton, Fred	Unattached	16.60m\$
3 Fogg, Jesse	Shippensburg	15.56m^
4 Wilson, Greg	Lynchburg	15.03m^
5 Iwuagwu, Charlito	Shippensburg	14.86m
6 Hart, Ryan	Shippensburg	14.03m
7 Latham, Spencer	Lynchburg	13.64m
8 Griffin, Evan	Shenandoah	12.88m
9 Kerstetter, Tyler	Shippensburg	12.58m
--- Lehman, Patrick	Bloomsburg	FOUL
--- Bartlett, Caleb	Shippensburg	FOUL

Men Discus Throw

Top 8 advance to finals

Facility:	54.49m # 2009	Talbert
DIII Qualify:	50.36m \$	
2012 Winner:	46.79m ^ 3/16/2013	Greg Wilson

Name	School	Finals
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Flight 1

1 Kerstetter, Tyler	Shippensburg	40.05m
2 Bartlett, Caleb	Shippensburg	39.26m
3 Waddy, Lesley	Lynchburg	38.37m
4 Dominski, John	Bloomsburg	37.43m
5 Vandebake, Garrett	Shippensburg	37.05m
6 Bailey, Hunter	Lynchburg	35.18m
7 Romano, Michael	Lynchburg	33.55m
8 Mitchell, Emmanuel	Howard CC	33.10m
8 Lawler, Rob	DeSales	33.10m
10 McCauley, Joshua	Shenandoah	29.22m
11 Harrison, Ryan	Howard CC	22.90m

Flight 2

1 Iwuagwu, Charlito	Shippensburg	49.08m^
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Name	School	Finals
2 Fulton, Fred	Unattached	47.67m^
3 Hart, Ryan	Shippensburg	46.31m
4 Smith, Grant	Shippensburg	44.00m
5 Fogg, Jesse	Shippensburg	43.93m
6 Wilson, Greg	Lynchburg	42.31m
7 Latham, Spencer	Lynchburg	42.14m
8 Lehman, Patrick	Bloomsburg	42.01m
9 Frauenpreis, Carl	Bloomsburg	40.21m
10 Rosenstein, Jack	Bloomsburg	37.71m
11 Griffin, Evan	Shenandoah	36.97m

7 Bartholomew, Austin	DeSales	45.81m
8 Romano, Michael	Lynchburg	45.76m
9 Nothstein, Derek	Shippensburg	36.56m
10 O'Dea, Brian	Lynchburg	36.40m
11 Harrison, Ryan	Howard CC	35.80m
12 Eastwood, Everton	Shenandoah	35.49m
13 Mitchell, Emmanuel	Howard CC	31.91m
14 Johnson, David	Shenandoah	30.49m
15 Smith, Harrison	Lynchburg	28.38m
16 Jones, Steven	Shenandoah	27.36m

Men Hammer Throw**Top 8 advance to finals**

Facility: 67.68m # 1997 **Stoikos**
DIII Qualify: 56.13m S
2012 Winner: 49.27m ^

Name	School	Finals
Flight 1		
1 Bailey, Hunter	Lynchburg	43.48m
2 Lehman, Patrick	Bloomsburg	42.64m
3 Fogg, Jesse	Shippensburg	42.36m
4 Bartlett, Caleb	Shippensburg	41.30m
5 Lawler, Rob	DeSales	39.75m
6 Romano, Michael	Lynchburg	39.43m
7 Hart, Ryan	Shippensburg	34.30m
8 McCauley, Joshua	Shenandoah	31.00m
9 Mitchell, Emmanuel	Howard CC	26.47m
10 Jones, Steven	Shenandoah	24.58m

Flight 2

1 Fulton, Fred	Unattached	53.13m^
2 Rosenstein, Jack	Bloomsburg	51.44m^
3 Smith, Grant	Shippensburg	50.04m^
4 Griffin, Evan	Shenandoah	49.08m
5 Wilson, Greg	Lynchburg	48.30m
6 Iwuagwu, Charlito	Shippensburg	47.77m
7 Vandebrake, Garrett	Shippensburg	45.44m
8 Frauenpreis, Carl	Bloomsburg	43.70m
9 Latham, Spencer	Lynchburg	43.38m
10 Dominski, John	Bloomsburg	43.01m
11 Kerstetter, Tyler	Shippensburg	42.01m

Men Javelin Throw**Top 8 advance to finals**

Facility: 62.98m # 2008 **Galeone**
DIII Qualify: 60.62m S
2012 Winner: 60.82m ^

Name	School	Finals
Flight 1		
1 Bell, Ryan	New Wilmingt	65.38m#
2 Korrubin, Andrew	Shippensburg	60.73m\$
3 Carey, Taylor	Shippensburg	56.65m
4 Amoroso, Rob	DeSales	50.07m
5 Deldonno, Carlo	Lynchburg	48.94m
6 Furst, Mike	DeSales	46.43m